



A GUIDE TO...

INDOOR ROUNDS AND SCORING



GNAS INDOOR ROUNDS

BRAY I

The 2 inner gold rings both count as 10 for recurve, but only the inner 'X' ring counts 10 for a compound archer, moving out to 9 for the outer gold, 8 and 7 for the 2 red rings etc. down to 2 and 1 for the white rings.

Sighters: 6

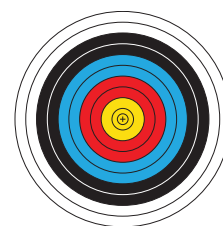
Distance: 20 yards

Total arrows: 30

Target face: 40cm

Arrows per end: 3

Scoring: 10 zone



BRAY II

The 2 inner gold rings both count as 10 for recurve, but only the inner 'X' ring counts 10 for a compound archer, moving out to 9 for the outer gold, 8 and 7 for the 2 red rings etc. down to 2 and 1 for the white rings.

Sighters: 6

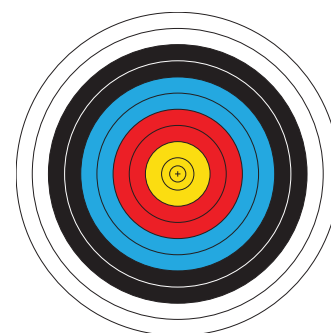
Distance: 25 yards

Total arrows: 30

Target face: 60cm

Arrows per end: 3

Scoring: 10 zone



STAFFORD

The Stafford cannot be shot at Assheton Bowmen because our indoor range is not long enough.

Sighters: 6

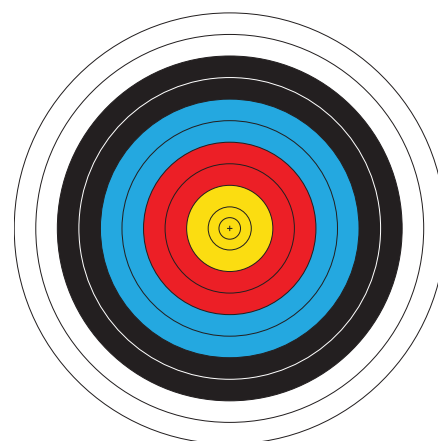
Distance: 30 metres

Total arrows: 60

Target face: 80cm

Arrows per end: 3

Scoring: 10 zone

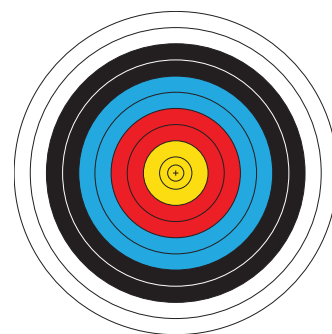


GNAS INDOOR ROUNDS

PORTSMOUTH

The 2 inner gold rings both count as 10 for recurve, but only the inner 'X' ring counts 10 for a compound archer, moving out to 9 for the outer gold, 8 and 7 for the 2 red rings etc. down to 2 and 1 for the white rings.

Sighters:	6	Distance:	20 yards
Total arrows:	60	Target face:	60cm
Arrows per end:	3	Scoring:	10 zone

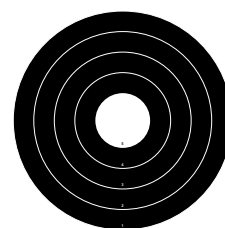


WORCESTER

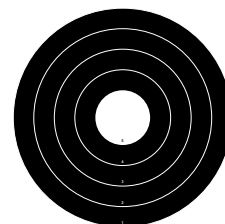
A Worcester round uses a special black and white face, containing 4 black rings scoring 1 through to 4 and the centre white scoring 5. The Worcester round is shot at 2 faces, one above the other. You shoot your first 30 arrows at one face and the next 30 at the other. There is no set order to shooting either top or bottom, however 2 archers can share a pair of targets, with one archer shooting at one face and the other archer shooting at the other face, swapping after 30 arrows. You do not get any further sighter arrows when you swap faces.

For compound archers, there is also 5 spot face scoring zones 5 and 4 only. This is to help prevent arrow damage and wear on the targets

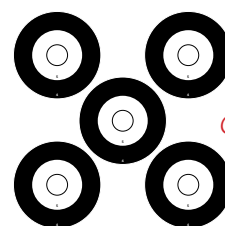
Sighters:	5	Distance:	20 yards
Total arrows:	60	Target face:	Special
Arrows per end:	5	Scoring:	5 zone



Top



Bottom

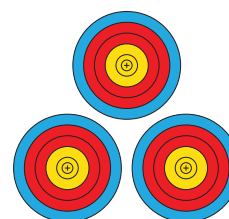


Compound target

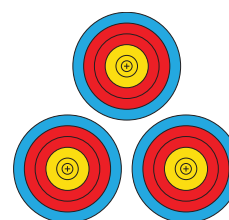
VEGAS

A Vegas round is shot on a special face containing three 40cm sized faces arranged in a triangle, however the outer 5 scoring zones (from blue 5 out to white 1) are removed, each target is numbered. Arrows must be numbered and shot in ascending numerical sequence shooting at each target in the correct numerical sequence. Like the Worcester, targets are placed one above the other and 2½ dozen arrows are shot at the first faces followed by 2½ dozen arrows at the second face.

Sighters:	6	Distance:	18 metres
Total arrows:	60	Target face:	40cm
Arrows per end:	3	Scoring:	10 zone



Top



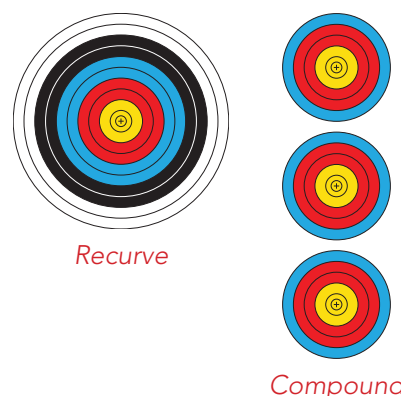
Bottom

FITA INDOOR ROUNDS

FITA 18M

For the triple face the scoring is 5 zones per target scoring from 10 down to 6, for a single face there are 10 scoring zones from 10 down to 1. The 2 inner gold rings both count as 10 for recurve, but only the inner 'X' ring counts 10 for a compound archer, moving out to 9 for the outer gold, 8 and 7 etc.

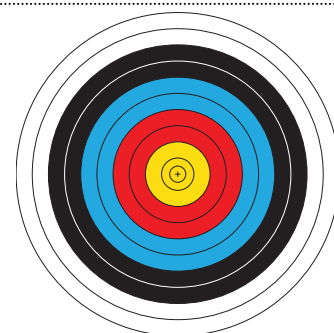
Sighters:	6	Distance:	18 metres
Total arrows:	60	Target face:	40cm
Arrows per end:	3	Scoring:	5 or 10 zone



FITA 25M

The FITA 25M cannot be shot at Assheton Bowmen because our indoor range is not long enough.

Sighters:	6	Distance:	25 metres
Total arrows:	60	Target face:	60cm
Arrows per end:	3	Scoring:	10 zone



COMBINED FITA

A FITA 18m, and a FITA 25m, shot in any order.

INDOOR MATCH ROUND

Sighters:	6	Distance:	18 metres
Total arrows:	12	Target face:	40cm triple
Arrows per end:	3	Scoring:	5 zone



USING A SCORE SHEET

Scores are recorded on a score sheet with the highest scoring arrow recorded first, for example "9-7-1".

An arrow that does not score is called a miss and is marked 'M' on the score sheet.

Outdoor arrows are shot in 'ends' of six or three arrows (depending on the round or distance being shot). Once all arrows have been scored they can be removed from the target face. Once the arrows have been removed, no alterations to the score sheet may be made

Indoor arrows are generally shot in groups of three with every six arrows shot being called an end.

[illegible]

ROUNDS

Competition is organised so that you shoot a set number of arrows at specified distances, at a specified size of target face, this is known as a 'round'. For example:

A FITA 1440 round consists of shooting:

- 3 dozen arrows at 90 metres
- 3 dozen arrows at 70 metres
- 3 dozen arrows at 50 metres
- 3 dozen arrows at 30 metres
- on a 122cm target face

A Junior Western round consists of shooting:

- 4 dozen arrows at 40 yards
- 4 dozen arrows at 30 yards
- on a 122cm target face

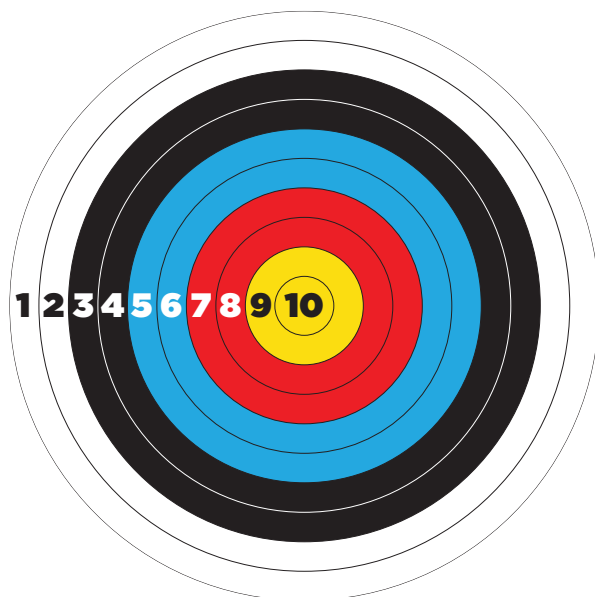
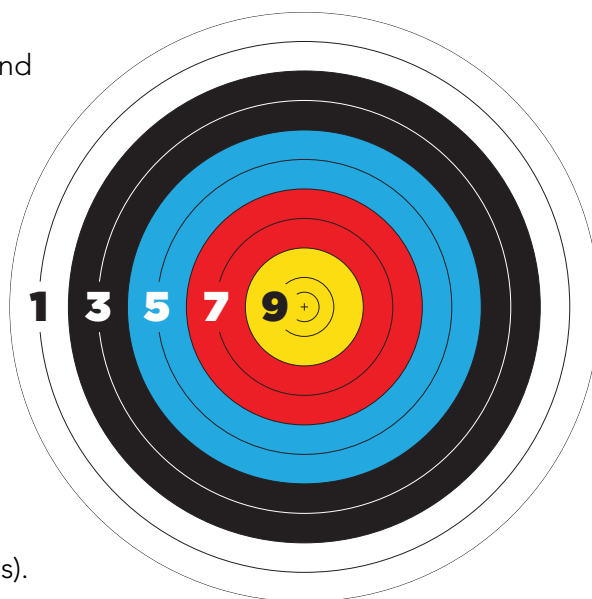
There are a great number of different rounds, of varying distances and number of arrows. This can be a little confusing to begin with, but you will soon get used to them. Your club coach or fellow members will help you choose a round suitable for you.

The types of rounds are split into GNAS and World Archery Rounds.

GNAS ROUNDS (IMPERIAL)

These traditional British rounds tend to use 5 Zone scoring and are governed by the GNAS Rules of Shooting. Most people find these more relaxed and are often the first tournaments that archers enter. These rounds fall into 'families', which are a group of different rounds that take place on the same field, at the same time, and have the same number of arrows, however with different distances. This means that you can choose the round that best suits your ability, age and gender.

You can choose whichever round you prefer and it doesn't matter if you shoot a round that is for a different age group, gender or if as an adult you want to shoot a junior round (although you may not be eligible for any competition awards).



WORLD ARCHERY ROUNDS (METRIC)

These are rounds shot using the World Archery Rules of Shooting, and use 10 Zone scoring. These rounds are shot all over the world and some are used at the Olympics and World Championships.

These are a little more formal as there are stricter regulations, such as timings, but are straight forward to adapt to.

INDOOR TOURNAMENTS

At these events, everyone shoots the same distance, either - 30 metres, 25 metres, 18 metres, 30 yards, 25 yards, or 20 yards

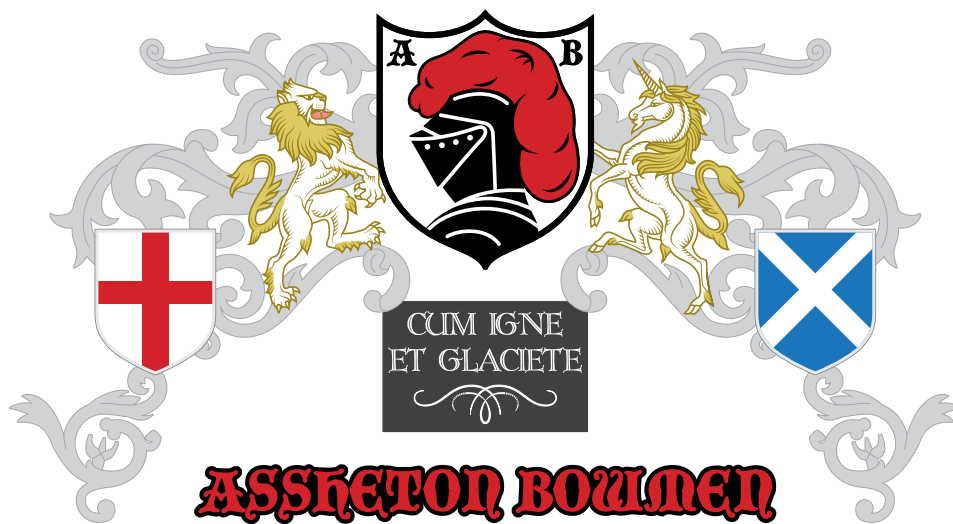
SUMMARY

Round name	Distance in metres				Distance in yards				Max score	Number of arrows
	18	18	25	30	20	20	25	20		
	Face size				Face size					
	40cm	40cm special	60cm	80cm	60cm	40cm	60cm	16 inch special		
GNAS INDOOR ROUNDS										
Bray I	-	-	-	-	-	2.5	-	-	300	30
Bray II	-	-	-	-	-	-	2.5	-	300	30
Stafford	-	-	-	6	-	-	-	-	720	72
Portsmouth	-	-	-	-	5	-	-	-	600	60
Worcester*	-	-	-	-	-	-	-	5	300	60
Vegas*	-	5	-	-	-	-	-	-	600	60
FITA INDOOR ROUNDS										
FITA 18	5	-	-	-	-	-	-	-	600	60
FITA 25	-	-	5	-	-	-	-	-	600	60
Combined FITA	5	-	5	-	-	-	-	-	1200	120
Match round 1	1	-	-	-	-	-	-	-	120	12

The numbers in this chart mean the number of dozen arrows.
Example, in a Portsmouth you would shoot 5 dozen arrows, 60 arrows in total.

* Worcester and Vegas use special face and scored differently.





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